

**Angus  
Voluntary  
Sector  
Children's  
Services  
Forum**



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**2011  
Edition**



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# FOREWORD

I hope that you find this directory a helpful resource of the members of the AVSCF who provide services to children, young people and their families within the Angus area.

The Weaver's Triangle describes what the AVSCF does and how we do it. The representatives who form the core group of the AVSCF meet on a quarterly basis. The purpose of this meeting is to share information from the groups and forums of which they attend and to highlight any issues impacting on the voluntary sector and disseminate information to the voluntary agencies who have expressed an interest in the group they attend. Any member of the voluntary sector can sign up to receive this information and I would encourage you if you have not already done so to let me know which groups/forums you are interested in having more information about. I will then pass your name to the relevant representative who will then keep you up to date with the group you have selected.

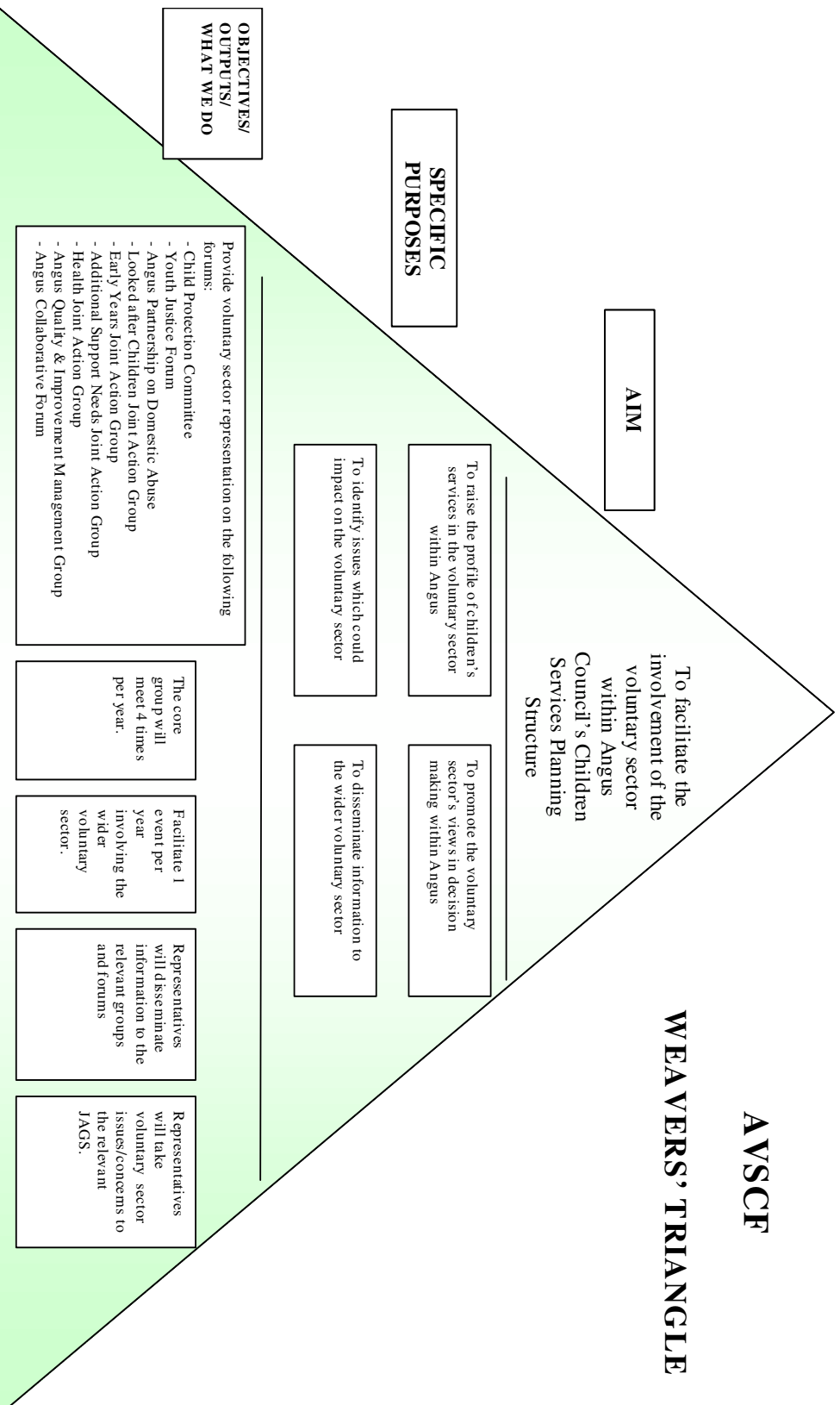
The Forum is supported by Angus Association of Voluntary Organisation (AAVO) and I would like to take this opportunity to thank Beth Cargill from AAVO in particular who takes the minutes from our meetings, disseminates the information and who has put this directory together.

This directory is designed to give an outline of the services and contact details of the services within the voluntary sector who are actively involved in developing and delivering services to children, young people and their families within Angus. Any voluntary organisation who works with children, young people and their families within Angus is encouraged to get in touch and become involved in the AVSCF. If you feel you would like to become more actively involved or just want to hear more about the work of the AVSCF or hear more about the groups or forums affecting your service I would encourage you to get in touch at the following address:

**Murdo Mathers**  
**Barnardo's Hopscotch Service and Chair of AVSCF**  
**c/o AAVO. 61 High Street, Arbroath**  
**Tel -01241 430349**  
**e-mail – [info@aavo.org.uk](mailto:info@aavo.org.uk)**

# AVSCF

## WEAVERS' TRIANGLE



# Angus Independent Advocacy

<b>Address</b>	60 High Street Arbroath DD11 1AW
<b>Telephone Number</b>	01241 434413
<b>Fax Number</b>	01241 437968
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:enquiries@angusindadvocacy.org">enquiries@angusindadvocacy.org</a>
<b>Web Site</b>	<a href="http://www.angusindadvocacy.org">www.angusindadvocacy.org</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp;</b>	Linda Bailey
<b>Designation</b>	Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Mental Illness, Learning Disability, Dementia, Acquired Brain Injury, Older People
<b>Referral Process</b>	Open – Telephone, Fax, E-mail or in Person

## **Description of Services**

In addition to supporting a range of disadvantaged adults, AIA provides independent advocacy to children and young people affected by, or who are at risk of being affected by the Mental Health Care & Treatment (Scotland) Act 2003, i.e. children and young people with a mental disorder, which may include Learning Disabilities or Autism.



# **AWARE**

## **(Angus Women's Aid: Respect & Equality)**

<b>Address</b>	3a Hill Street Arbroath DD11 1AQ
<b>Telephone Number</b>	01241 439437 (business line) 01241 439457 (support line)
<b>Fax Number</b>	No
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:info@anguswomensaid.co.uk">info@anguswomensaid.co.uk</a>
<b>Web Site</b>	<a href="http://www.anguswomensaid.co.uk">www.anguswomensaid.co.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Drop In: Mon – Fri: 10am – 4pm Office: Mon – Thurs: 9am – 7pm Fri: 9am – 4.30pm
<b>Contact(s) Name(s) &amp;</b>	Anne Brown
<b>Designation</b>	Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Women and Children experiencing or have experienced Domestic Abuse
<b>Referral Process</b>	Self or organisation. If organisation, we will email referral forms

### **Description of Services**

Providing emergency refuge accommodation to women and children experiencing domestic abuse. Provide support and information to women and children living in Angus who have experienced or are experiencing Domestic Abuse. 1:1 support and group work support available.



# Angus Young Carers

<b>Address</b>	Angus Carers Centre 3 Fisherace Arbroath DD11 1LE
<b>Telephone Number</b>	01241 439157
<b>Fax Number</b>	01241 876903
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:enquiries@anguscarers.org.uk">enquiries@anguscarers.org.uk</a>
<b>Web Site</b>	<a href="http://www.anguscarers.org.uk">www.anguscarers.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Thurs: 9am – 5pm Fri: 9am – 4.30pm Closed for lunch: 12.30pm – 1.30pm
<b>Contact(s) Name(s) &amp;</b>	Katy Webster
<b>Designation</b>	Chief Executive Officer
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Young Carers
<b>Organisation Parent/Body Name</b>	Angus Carers Association
<b>Referral Process</b>	Referral Form

## **Description of Services**

Angus Young Carers Service provides information and support to young people between the ages of 8 – 18 years who look after a relative because they suffer with physical or mental illness, learning or physical disability, drug or alcohol problems. Providing help with tasks usually done by an adult. Support includes support groups, specific support for those who care for a sibling, newsletter group and Young Carers Forum.

In addition we provide a wide range of support to parents who care for children and young people with physical and learning disabilities, including a support group, run jointly with Parent to Parent, for parents with children on the autistic spectrum.



**Angus Carers Centre**  
supporting carers

# Barnardo's Bridge Project

<b>Address</b>	22 – 24 Catherine Street Arbroath DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	01241 879406
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus.office@barnardos.org.uk">angus.office@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Services Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children and young people aged 5 – 16 years
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Contact Roy Farquharson, Team Leader

## **Description of Services**

Provides a range of therapeutic services to reduce the incidents of sexually harmful and concerning behaviour displayed by children and young people. Also provides training and consultation to social work staff and other professionals.



# Barnardo's Family Group Conference Service

<b>Address</b>	22 – 24 Catherine Street Arbroath DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	01241 879406
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus.office@barnardos.org.uk">angus.office@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Services Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children and young people aged 0 – 18 years
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Contact Claire Robertson, Team Leader Emma Jones, FGC Co-ordinator

## **Description of Services**

The Family Group Conference Service (FGC) aims to enable families to make the best possible decisions for children and young people. This service is a partnership between Barnardo's and Angus Council Social Work and Health to try to prevent children and young people being accommodated.



# Barnardo's Hopscotch Project

<b>Address</b>	22 – 24 Catherine Street Arbroath DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	01241 879406
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus.office@barnardos.org.uk">angus.office@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Services Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children and young people aged 5 – 16 years
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Contact Margaret Cooper, Senior Practitioner

## **Description of Services**

Hopscotch works with children/young people and families affected by alcohol misuse who live in the Angus area. It offers befriending, individual work, family support and group work as part of a range of services to help families deal with the impact of alcohol misuse.



# Barnardo's Polepark Service

<b>Address</b>	22 – 24 Catherine Street Arbroath DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	01241 879406
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus.office@barnardos.org.uk">angus.office@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Services Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children and young people aged 3 – 16 years
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Contact Roy Farquharson, Team Leader

## **Description of Services**

Polepark Family Service works with children and families in the Angus area who have been hurt and abused. Polepark also provides a varied range of therapeutic services, aimed at rebuilding family relationships and helping children to recover from their experiences. Also provides training and consultation for professionals.



# Barnardo's Self Harm Initiative

<b>Address</b>	22 – 24 Catherine Street Arbroath DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	01241 879406
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus.office@barnardos.org.uk">angus.office@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Services Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children and young people aged 12 – 18 years
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Contact Claire Robertson, Team Leader

## **Description of Services**

Barnardo's Self Harm Initiative aims to make a positive difference to young people aged 12 – 18 years in Angus who self-harm or are at the risk of suicide. The service offers individual programmes of work to young people referred to the service, consultancy and advice to agencies and aims to raise awareness of the issue to the young people of Angus.



# Barnardo's Tayside Domestic Abuse Initiative

<b>Address</b>	Bellevue House 3 Springfield Terrace Arbroath DD11 1EL
<b>Telephone Number</b>	01241 435747
<b>Fax Number</b>	No
<b>Answering Machine</b>	No
<b>Email Address</b>	<a href="mailto:dawn.wilson@barnardos.org.uk">dawn.wilson@barnardos.org.uk</a>
<b>Web Site</b>	No
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm
<b>Contact(s) Name(s) &amp;</b>	Dawn Wilson
<b>Designation</b>	Team Leader
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Women and children affected by domestic abuse
<b>Organisation Parent/Body Name</b>	Barnardo's
<b>Referral Process</b>	Telephone

## **Description of Services**

Support services to women and children affected by domestic abuse.



# CAFÉ Project

<b>Address</b>	Brothock Bridge Arbroath DD11 1NF
<b>Telephone Number</b>	01241 875200
<b>Fax Number</b>	No
<b>Answering Machine</b>	No
<b>Email Address</b>	<a href="mailto:info@cafeproject.org.uk">info@cafeproject.org.uk</a>
<b>Web Site</b>	<a href="http://www.cafeproject.org.uk">www.cafeproject.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 3.15pm – 5.15pm (primary 4,5,6 & 7 Mon: 5.45pm – 9.45pm (adults with learning disabilities Tues – Thur & Sun: 5.45pm – 9.45pm ages 12yrs – 18yrs Fri: 5.45pm – 9.45pm (Primary 7 only) Fri: 11am – 1pm (men's club)
<b>Contact(s) Name(s) &amp;</b>	Mark McWalter, Angela Spink, Development Workers
<b>Catchment Area</b>	Arbroath and surrounding area
<b>Client Group</b>	All

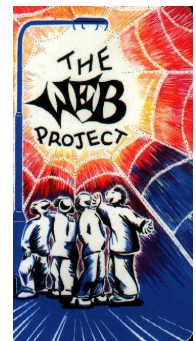
## **Description of Services**

Pool, Table Tennis, Air Hockey, Nintendo Wii, PS3, PS2, Internet, Table Football, Darts, Arts & Crafts



# CAIR Scotland

<b>Address</b>	The WEB Project 29b Canmore Street Forfar DD8 3HT
<b>Telephone Number</b>	01307 460101
<b>Fax Number</b>	01307 460120
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:webangus@btconnect.com">webangus@btconnect.com</a>
<b>Web Site</b>	<a href="http://www.cairscotland.org.uk">www.cairscotland.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri: 9am – 5pm Outwith these times by appointment
<b>Contact(s) Name(s) &amp;</b>	Shona Moffat Senior Practitioner Laura Ogilvie Senior Practitioner
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Young People aged 10 – 25 years
<b>Organisation Parent/Body Name</b>	CAIR Scotland
<b>Referral Process</b>	Referrals can be made directly to the service by self/ family/concerned others or statutory services.



## **Description of Services**

Work with young people offering a confidential service around risk behaviours including substance misuse, sexual health and offending.

Within our drop-in we provide condoms through the C:Card initiative, Pregnancy and Chlamydia Testing.

We offer 1:1 Support with trained members of staff (COSCA Accredited). Deliver drug and sexual health education sessions to schools, community groups and other professionals.

Our Streets Ahead Drug Support Service provides an assessment, treatment and intervention service to young people aged 14 – 25 years who are having problems with their substance use.

We provide Angus Restorative Justice Service in partnership with Tayside Council on Alcohol.

# childcare@home Angus

<b>Address</b>	101 Whitfield Drive Dundee DD4 0DX
<b>Telephone Number</b>	01382 502504
<b>Fax Number</b>	No
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:angus@childcareathome.org.uk">angus@childcareathome.org.uk</a>
<b>Web Site</b>	<a href="http://www.opfs.org.uk">www.opfs.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office Time: Mon – Frid: 9am – 4pm Service availability times: 7 days: 7am – 10.30pm
<b>Contact(s) Name(s) &amp;</b>	Teresa Donaldson, Project Manager Frances L Duward, Assistant Manager
<b>Catchment Area</b>	Angus, Dundee & Fife
<b>Client Group</b>	Children aged 0 -16 years
<b>Organisation Parent/Body Name</b>	One Parent Families Scotland
<b>Referral Process</b>	Self Referral or through Social Work

## **Description of Services**

Childcare can be provided for parents of children aged 0 – 16 years who are in work, education or training when no other registered provision is available. The service operates 7 days a week from 7am – 10.30pm and is registered with the Care Commission. Our childcare staff receive training and either have qualifications or are working towards one. All staff complete an Enhanced Disclosure and receive Child Protection training. The childcare staff spend quality time with the children and plan play activities, take them for walks, or to their local clubs or groups and ensure they are safe until the parents or carers return.



# Drug initiative Group Forfar

<b>Address</b>	The Pitstop Youth Café 1A Academy Street Forfar DD8 2HA
<b>Telephone Number</b>	01307 467657
<b>Fax Number</b>	No
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:Pitstopforfar@hotmail.com">Pitstopforfar@hotmail.com</a>
<b>Web Site</b>	No
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon: 9am – 6pm Tues: 9am – 9pm Wed: 9am – 10pm Thurs: 9am – 10pm Fri: 9am – 2pm Sunday: 6.30pm – 8.30pm
<b>Contact(s) Name(s) &amp;</b>	Lynn Youngson & Andy Simpson, Committee Members Sylvia Breen & Dawn Mullady, Staff members
<b>Catchment Area</b>	Forfar and surrounding areas
<b>Client Group</b>	Young People 11 – 25 years
<b>Referral Process</b>	Self referral

## **Description of Services**

Youth Service providing:

- 4 evening drop in sessions for young people between the ages of 11 – 21 years, offering a range of activities and programmes based on young people's needs, interests and concerns.
- '040 Project' working with young people who are not in employment, training or education. Providing one to one support and group work aiding young people to plan for their futures.
- Short focused projects such as 'Parc Projec' supporting young people to explore the issues around alcohol and associated behaviour.
- Youth Achievement Awards for young people 14 – 21 years.
- M.V. Awards for young people 16 – 25 years.

# Enable Scotland – East of Scotland OPTIONS

<b>Address</b>	Arbroath Academy Glenisla Drive Arbroath DD11 5JD
<b>Telephone Number</b>	01241 872101 or 07889456178 (m)
<b>Fax Number</b>	No
<b>Answering Machine</b>	No
<b>Email Address</b>	<a href="mailto:gina.baird@enable.org.uk">gina.baird@enable.org.uk</a>
<b>Web Site</b>	<a href="http://www.enable.org.uk">www.enable.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri                      9am – 5pm
<b>Contact(s) Name(s) &amp;</b>	Gina Baird, Service Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Young People and Adults who have learning disabilities
<b>Organisation Parent/Body Name</b>	Enable Scotland
<b>Referral Process</b>	Education, Social Work, Angus College, Self

## **Description of Services**

Links to work experience/employment – prepares the young people in their transition from either school or college into the world of work through a variety of work experience placements, supporting and assisting them to progress to employment, supported employment, training or further education which ever is appropriate in meeting the young persons needs and abilities.

Youth Group (Noise Crackers) – provides an environment where young people, 16 – 25 years who have learning disabilities, can meet and participate in activities that are fun and educational; address their social and personal development needs and that of the community. They also have opportunities to be involved in decision making regarding issues and policies that affect young people in their community. This group meet weekly in Brechin and Arbroath.



# Home-Start Angus

<b>Address</b>	10A Millgate Loan Arbroath DD11 1PQ
<b>Telephone Number</b>	01241 431131
<b>Fax Number</b>	No
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:homestartangus@btconnect.com">homestartangus@btconnect.com</a>
<b>Web Site</b>	<a href="http://www.homestartangus.org.uk">www.homestartangus.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office Staff Mon – Fri: 9.30am – 3pm Time/Day service offered - flexible
<b>Contact(s) Name(s) &amp;</b>	Julie Thomson – Senior Co-ordinator Morag McCall – Co-ordinator Shelagh Smith – Co-ordinator (Forfar/Kirriemuir)
<b>Catchment Area</b>	Angus wide
<b>Client Group</b>	Families with at least one child under 5
<b>Organisation Parent/Body Name</b>	Affiliated to Home-Start UK
<b>Referral Process</b>	Open referral – contact office for information

## **Description of Services**

Home-Start Angus offers a unique service, recruiting and training volunteers – who are usually parents themselves – to visit families at home who have at least one child under 5 to offer informal, friendly and confidential support.



# Montrose YMCA

<b>Address</b>	98 Murray Street Montrose DD10 8JG
<b>Telephone Number</b>	01674 673966
<b>Fax Number</b>	01674 673966
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:ymmontrose@yahoo.co.uk">ymmontrose@yahoo.co.uk</a>
<b>Web Site</b>	Being updated
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Frid: Junior Youth Club 3.45pm – 6pm (Pr 7 & 1 <sup>st</sup> year) Wed: Music Group 6.30pm – 9.30pm (12yrs – 23yrs. Drums & Guitars mainly) Thurs: Music Group Beginners 6.30pm (11 yrs upwards) Fri: Open Night 6.30pm – 9.30pm (All secondary aged young people) Fri: Live Music 7pm – 9.30pm Held once a month (12 yrs +) Tues: BEBO Drop-In (Better Employment Better Opportunities) 1.30pm – 3pm (16yrs – 23yrs. Run in p/ship with Careers and CLD)
<b>Contact(s) Name(s) &amp;</b>	Val Cooper - Manager
<b>Catchment Area</b>	Montrose and surrounding rural areas
<b>Client Group</b>	All
<b>Description of Services</b>	
A variety of youth focused activities:	Computer & Internet Games Consoles Arts & Crafts Pool Air Hockey Awards based Opportunities
Signposting service to various other youth services	



# Parent to Parent

<b>Address</b>	Ryehill Health Centre St. Peter Street Dundee DD1 4JH
<b>Telephone Number</b>	01382 630044
<b>Fax Number</b>	01382 630044
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:admin@parent-to-parent.org">admin@parent-to-parent.org</a>
<b>Web Site</b>	<a href="http://www.parent-to-parent.org">www.parent-to-parent.org</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri : 9am – 3pm
<b>Contact(s) Name(s) &amp;</b>	Moira Bisset
<b>Designation</b>	Head of Service
<b>Catchment Area</b>	Tayside
<b>Client Group</b>	Parents/carers of children with additional needs
<b>Organisation Parent/Body Name</b>	Parent to Parent
<b>Referral Process</b>	Self or professional via letter/telephone

## **Description of Services**

Support and advocacy for parents of children with additional needs and for young people with additional needs. Also support for parents of babies in the Neonatal Unit in Ninewells Hospital.



# Relationships Scotland

## Family Mediation Tayside and Fife

<b>Address</b>	21 Dock Street Dundee DD1 3DP
<b>Telephone Number</b>	01382 201343
<b>Fax Number</b>	01382 201865
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:info@familymediationonline.co.uk">info@familymediationonline.co.uk</a>
<b>Web Site</b>	<a href="http://www.familymediationonline.co.uk">www.familymediationonline.co.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Thurs: 9am – 5pm Fri: 9am – 12.45pm
<b>Contact(s) Name(s) &amp;</b>	Bill Muir – Manager Judy Connelly – Administration Manager
<b>Catchment Area</b>	Angus, Dundee, Fife and Perth & Kinross
<b>Client Group</b>	Separated parents, their children and families in transition
<b>Organisation Parent/Body Name</b>	Umbrella Body – Relationships Scotland
<b>Referral Process</b>	Self referral or via statutory/voluntary body. Web based referral form

### **Description of Services**

The object of the service is to promote for the public benefit, predominantly but not exclusively, the provision of services directed towards mediation, conciliation, reconciliation and counselling with the object of assisting any persons concerned in matrimonial and family disputes of any kind whatever, whether or not involved in Court proceedings, so far as possible in the amicable resolution of such disputes, in appreciation and understanding of the problems and interests of children and young people in adapting to and coping with their changing situations and circumstances in any other way whatever.

The aim of the service is to lessen the trauma and distress of family disputes and break-up principally the emotional damage caused to children.

By providing:

- Information, advice and support to separated parents, their children and other family members
- Mediation to assist parents to come together to reduce conflict, resolve difficulties and negotiate workable arrangements for the future of their children
- Mediation to families in conflict, relating to stepfamily and inter-generational disputes

- Individual consultation for children, within the mediation process, allowing them to express their views on future arrangements and have them taken into account by their parents
- Individual support and counselling for children and young people who are experiencing changes and emotional difficulties in their lives due to parental separation, divorce or moving into a stepfamily
- Child contact centre services, as safe, supported and neutral places in which children can spend time with their non-residential parent and provide them with protection from parental conflict
- Supervised contact with a constant presence with responsibility to observe, ensure the safety of those involved and provide factual report to referring agency
- A training and consultation resource for other agencies, groups and individuals
- An effective referral facility for the courts, solicitors, social work services and other agencies

These service will be provided by 17 trained mediators, 2 children and young persons' counsellors at 5 staffed Contact Centres – Arbroath, Dundee, Perth, Glenrothes and Kirkaldy.



# Relationships Scotland Couple Counselling Tayside

<b>Address</b>	201 Blackness Road Dundee DD1 5PN
<b>Telephone Number</b>	01382 640123
<b>Fax Number</b>	01382 640356
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:admin@couplecounsellingtayside.org.uk">admin@couplecounsellingtayside.org.uk</a>
<b>Web Site</b>	<a href="http://www.couplecounsellingtayside.org.uk">www.couplecounsellingtayside.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Dundee: Mon – Thurs: 9am – 6pm Arbroath: Wed evenings: appointment offered at 6pm & 7pm Montrose: Wed afternoons: appointments offered at 1.30pm & 2.30pm Perth: Tues evenings 5pm – 8pm Wed mornings 10am – 1pm
<b>Contact(s) Name(s) &amp;</b>	Alison McGowan – Office Manager John Davidson – Operations Manager
<b>Catchment Area</b>	Tayside
<b>Client Group</b>	Adults and Young People
<b>Organisation Parent/Body Name</b>	Umbrella Body – Relationships Scotland
<b>Referral Process</b>	Various – Self, NHS, Social Work Dept., Solicitor, CAB etc.

## **Description of Services**

We provide a professional relationship counselling service throughout Tayside. We also offer an adult psychosexual therapy service and young persons counselling service.



**Couple Counselling Tayside**  
(formerly Relate Tayside)

# Tayside Council on Alcohol Angus Connect

<b>Address</b>	20 Keptie Street Arbroath DD11 3AF
<b>Telephone Number</b>	01241 872989
<b>Fax Number</b>	01241 872989
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:elizabeth@alcoholtayside.com">elizabeth@alcoholtayside.com</a>
<b>Web Site</b>	No
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon - Fri: 10am – 2pm
<b>Contact(s) Name(s) &amp;</b>	Elizabeth D’Arcy – Senior Practitioner Elaine Johnson – Resource Worker Julie-Anne Alexander – Resource Worker
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Under 25 year olds who live in the Angus area
<b>Referral Process</b>	Any person can refer themselves or others to the service

## **Description of Services**

The project is a service for young people who feel that their use of alcohol and/or drugs is a problem in some way, and who feel that they need some support, information and advice to help them turn their lives around.



# The Attic Brechin Youth Project

<b>Address</b>	19 Clerk Street Brechin DD9 6AF
<b>Telephone Number</b>	01356 625099
<b>Fax Number</b>	No
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:byptheattic@yahoo.co.uk">byptheattic@yahoo.co.uk</a>
<b>Web Site</b>	N/A
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon, Wed, Thurs & Frid: 6.30pm – 10.15pm
<b>Contact(s) Name(s) &amp;</b>	Mrs Alison Duff & Miss Pamela Christie
<b>Catchment Area</b>	Brechin, Edzell, Farnell, Friockheim and local
<b>Client Group</b>	Young People 12 – 25 years
<b>Referral Process</b>	N/A

## **Description of Services**

A drop in centre which creates a safe environment, with pool tables, table tennis, wii, PS3, PS2 and Quiet Room.

To educate in drug and alcohol related abuse. Leaflets available. Young persons Health Worker comes in every second Thursday.



# Angus Voluntary Sector Children's Services Forum

c/o AAVO  
61 High Street  
Arbroath  
DD11 1AN  
Tel: 01241 430349  
E-mail: [info@aavo.org.uk](mailto:info@aavo.org.uk)



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